



Canvas Health

Client Policies

Attendance & Accountability Expectations

As you recover from addiction, you may struggle with structure, responsibility, and choice. The substance use treatment team at Canvas Health helps you be aware and responsible for your choices.

We want to help you succeed in your treatment program and live a good life in recovery. Studies have shown that attending treatment and support groups regularly improves outcomes. Because treatment groups depend on trust and respect, group members need to be responsible for each other. We want to work with you to build a successful recovery program based on responsibility, honesty, and respect. Attendance is a key part of your success.

All Clients:

1. I agree to attend three groups per week and one individual sessions per week, including Concerned Persons groups, as scheduled by my counselor.
2. I must notify Canvas Health before I miss a session (preferably 24 hours ahead) to avoid a penalty. Otherwise, I may have to pay a fee of \$40. Frequent absences may lead to my dismissal from the program. Absences due to work, extracurricular activities, homework, or transportation issues will not be valid excuses and will count as unexcused.
3. ANY unexcused absences may result in my suspension from the program, a behavior contract, a required meeting with family, counselor, and may result in my dismissal from the treatment program.
4. I may have to make up any absence – excused or unexcused.
5. If I can't attend a scheduled session for any reason, I will my tell counselor right away. My counselor will work with me to find a solution to help me meet my treatment goals.
6. I might have to attend more individual or group sessions if I miss a group. My counselor may also suggest other options that are suitable for my situation, such as:
 - A written Plan for Success.
 - Case consultation with others invested in my successful recovery.
 - Referral to additional services, as needed and appropriate.

Parents/Guardians of Adolescent Clients:

1. I agree to the attendance policy outlined above.
2. I agree to attend the Concerned Persons program for four consecutive sessions as scheduled.
3. I understand that it is my role as a parent/guardian to support my child and their course of treatment in this program by holding my child accountable and responsible to these conditions.
4. I understand that family vacations are not excused absences. Treatment needs to be the priority activity at this time and schedules need to be adjusted to accommodate treatment needs. Any deviations from this schedule need to be discussed with the counselor ahead of time and approval will be based on my child's progress in the program.