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Central Region: Benton, Sherburne, Stearns, Wright, and St. Cloud State University
Regional Coordinator: Ashley Nieland, anieland@cmmhc.com
Central Minnesota Mental Health Center

Dakota Region: Four Dakota Communities
Scott, Dakota, and Goodhue counties
Tribal Liaison/Regional Coordinator: Adam Preuss, apreuss@hsicrisis.org
Canvas Health

**East Metro Region:** Ramsey, Anoka, and Washington
Regional Coordinator: Stephanie Badowicz, sbadowicz@canvashealth.org
Canvas Health

Hennepin County Region: Hennepin
Regional Coordinator: Shari Langseth, slangseth@canvashealth.org
Canvas Health

South Central Region: McLeod, Carver, Sibley, Nicollet, Blue Earth, Le Sueur, Fairbault, Martin, Watonwan, and Brown
Regional Coordinator: Laura Gaffer, lgaffer@counseling-services.org
Counseling Services of Southern Minnesota

Southwest Region: Yellow Medicine, Lincoln, Lyon, Redwood, and Murray
Regional Coordinator: Tami Dorenkamper, TDorenkamper@wmhcinc.org
Western Mental Health Center

Southwest Corner Region: Pipestone, Rock, Nobles, Jackson, and Cottonwood
Regional Coordinator: Shay VonHoltum, shay.vonholtum@swmhc.org
Southwestern Mental Health Center

Upper Western Region: Clay, Wilkin, Otter Tail, Traverse, Grant, Douglas, Stevens, and Pope
Regional Coordinator: Maria Willits, willits4shatterthesilence@gmail.com
Productive Alternatives, Inc.

West Central Region: Lac qui Parle, Swift, Chippewa, Big Stone, Kandiyohi, Meeker, and Renville
Regional Coordinator: Beth Storm, beth.storm@wcenters.org
Woodland Centers

Zumbro Valley Region: Rice, Wabasha, Waseca, Steele, Dodge, Olmsted, Winona, Mower, Fillmore, Blue Earth and Houston
Regional Coordinator: Joshua Jensen, joshua.jensen@zvhc.org
Zumbro Valley Health Center