



# Therapeutic Learning Center

Day treatment services for youth ages 11-15

Providing intensive half-day programming to  
youth struggling with mental health issues



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# Therapeutic Learning Center

The Therapeutic Learning Center (TLC) is a half-day, year-round day treatment program offering hope, healing, and recovery to youth whose mental health needs are impacting all areas of their lives. Youth who could benefit from the program may struggle with depression, anxiety, school refusal, and past trauma. Our philosophy combines intensive therapeutic treatment within an environment that fosters belonging, self-regulation, relationship skills, and lasting positive change.

## Program Services

- Individual, group, and family therapy
- Group Life Skills Training
- Collaboration with youth's school staff
- Team approach to treatment including psychiatry, case management, and in-home therapy
- Coordination of transportation to and from school
- Summer programming that fits the youth's mental health needs
- Regular family communication

## How the Program Works

Program participants attend three hours of mental health treatment daily. TLC staff work with the participant and his or her family and school staff to develop an individualized treatment plan with specific goals and outcomes.

*This program accepts medical insurance. For referral information, call (651) 777-5222.*



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