



Help During the Coronavirus

Canvas Health Crisis, Mental Health, and Substance Use Services

Who are we?

For more than 50 years, Canvas Health has offered hope, healing, and recovery to people of all ages struggling with substance use and mental health issues including depression, anxiety, and trauma.

How we can help.

Canvas Health's clinicians are providing therapy to individuals of all ages and substance use treatment to adolescents and adults, primarily via telehealth. Telehealth connects clients to a clinician via phone, tablet, or computer. Clinic locations: Bloomington, Coon Rapids, Cottage Grove, Forest Lake, North Branch, Oakdale, and Stillwater.

Call (651) 777-5222 to make an appointment or to learn more.

Canvas Health's mobile crisis response teams respond to mental health crises or emergencies with assessment, intervention and stabilization services provided primarily via telehealth, and in-person if necessary. Mobile crisis response staff will also provide necessary safety planning and short-term therapeutic services to assist in recovery from a crisis.

Anoka County 24/7 Mobile Crisis Response: (763) 755-3801

Scott County 24/7 Mobile Crisis Response: (952) 818-3702

East Central 24/7 Mobile Crisis Response: 1-800-523-3333

Serving Chisago, Isanti, Pine, Kanabec and Mille Lacs Residents

Mobile crisis response phone numbers for all Tribal Nations and Minnesota Counties

Community Resources

Crisis Text Line: To connect with a crisis counselor: Text MN to 741741. Free 24/7 support.

Minnesota Food HelpLine. Food assistance the St. Croix Valley: Valley Outreach

Bridge to Benefits: Basic Need Resources and Supports for Families During the COVID-19 Pandemic

Minnesota COVID-19 Housing Assistance Program

Talking to Kids About COVID-19: Child Mind Institute

Talking to Younger Kids About COVID-19 & Activities: PBS

Coping with Stress and Anxiety during the Pandemic: CDC

CanvasHealth.org