
Radical Healing for Racial Trauma

Morning 8:00am – 12:00am

Arrivals, registration, getting settled 7:30 – 8:15

Introduction and Workshop Outline 8:15 – 8:30

Relationship Building 8:30 – 9:00

Small Group Activity

Part 1 of Radical Healing: Recognizing and Resisting Racial Oppression 9:00 – 9:45

Lecture & Discussion

Break 9:45 – 10:00

Clinical Application: Assessment and Therapeutic Relationship 10:00 – 10:30

Lecture

Case Studies: Resisting Racial Oppression 10:30 – 11:30

Small Group Activity

Q and A and Afternoon Overview 11:30 – 12:00

Lunch 12:00pm – 1:00pm

Afternoon 1:00pm – 4:00pm

Returning and Re-grounding 1:00 – 1:15

Part 2 of Radical Healing: Envisioning and Creating Possibilities 1:15 – 2:15

Lecture and Discussion

Break 2:15 – 2:30

Clinical Application: Envisioning Possibilities 2:30 – 3:15

Small Group Activity

Appreciative Pause 3:15 – 3:45

Large Group Discussion

Q and A 3:45 – 4:00