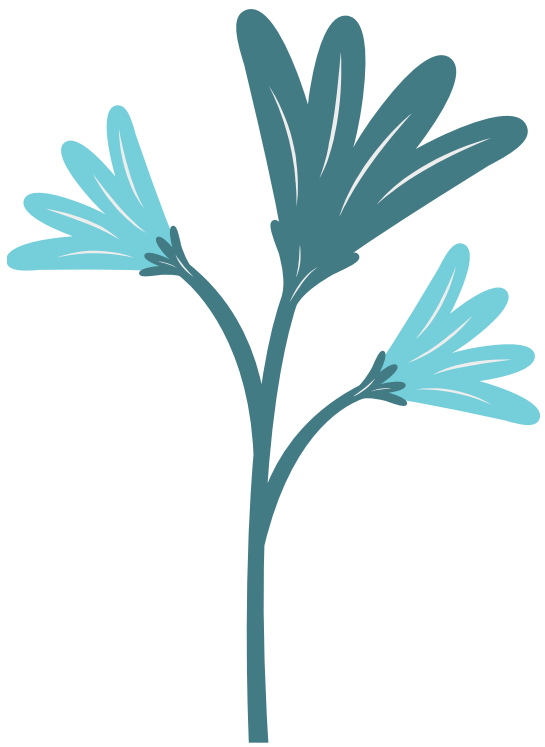


ABUSE RESPONSE SERVICES SUPPORT GROUP



Abuse Response Services is offering a free support group for those who have experienced sexual violence. Learn about the culture surrounding sexual violence, common reactions and feelings, as well as coping skills that may aid in the healing process. This group will offer a variety of psychoeducation topics, as well as mind and body techniques.

Wednesdays 5:30 pm - 7:00 pm.

Currently meeting online through Zoom.

Please call (651) 251-5079 or e-mail

ARS_info@canvashealth.org to set up a quick informational session to join.

