



# Abuse Response Services Educational Programs & Services

Educating youth, parents, school faculty, professionals, and community members about interpersonal violence and abuse is a key component of Canvas Health's violence prevention efforts. Canvas Health's Abuse Response Services program provides interactive and trauma-informed education throughout Washington County free of charge.

Our most commonly requested presentation topics are listed below. Each presentation is created with a 45-60 minute window in mind. However, we are glad to work with you to customize or expand on any topic and find that audiences always benefit from more in-depth discussion.

Prevention education is relevant to learners of all ages! We maintain separate age-appropriate lesson plans for elementary, middle, high school, and collegiate audiences. Custom presentations can be created for any topic related to sexual violence, dating or domestic violence, and sexual exploitation/trafficking prevention. We are eager to collaborate with parents, staff/faculty, professionals, and anyone interested in working toward a safer Washington County.

## Education Topics Available for Students and Adult Audiences

**Online Safety & Exploitation Prevention (all ages):** Students learn to make safe, informed decisions when interacting with others online. Discusses how to recognize exploitative and manipulative behavior in all types of relationships, as well as the impact of vulnerabilities and risky behavior on personal safety. Based on material from Love146's "Not a Number" curriculum.

**Healthy and Unhealthy Relationships (all ages):** What are signs that my relationships are healthy? How do I know if they aren't? How do I talk about my boundaries with friends, my partner, or my peers? These questions and more are discussed, as students learn to define how they want to be treated by others. Based on material from One Love Foundation.

Please contact us at [ARS\\_info@canvashealth.org](mailto:ARS_info@canvashealth.org) for more information or to request a presentation. We look forward to working with you!



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## Education Topics Available for Students and Adult Audiences

**Consent, Coercion, & Sexual Violence Prevention (all ages):** This presentation contains an overview of what constitutes sexual violence in the State of Minnesota. Students learn what makes consent legally possible, how to know if consent is present, and the importance of communication through discussion and media analysis.

**Relationship Abuse/Domestic & Dating Violence (HS and older):** Students learn to recognize early warning signs for sexual, emotional, financial, and domestic/dating abuse. Includes a discussion of why abuse occurs in relationships, how power and control affect relationship dynamics, and how they can respond to friends and loved ones who experience dating violence. Based on material from One Love Foundation.

**Sexting and Technology in Relationships (HS and older):** This presentation focuses on how technology can be used as a form of harassment and why digital boundaries are important in relationships. Topics include emotional and sexual abuse, sexting, and digital control.

## Abuse Response Services Advocacy & Helpline

In addition to providing community education, Canvas Health's Abuse Response Services serves victims of sexual violence/exploitation and relationship abuse in Washington County. The program offers a range of services, including 24-hour telephone crisis response, short-term counseling, 24/7 response to local hospital emergency rooms, support groups, legal advocacy, Safe at Home application assistance and community education. All services are free.

**If you have experienced sexual violence/exploitation or relationship abuse, call our 24-hour helpline at (651) 777-1117. You may also text this number from 9 a.m.-9 p.m.**

Please contact us at [ARS\\_info@canvashealth.org](mailto:ARS_info@canvashealth.org) for more information or to request a presentation. We look forward to working with you!