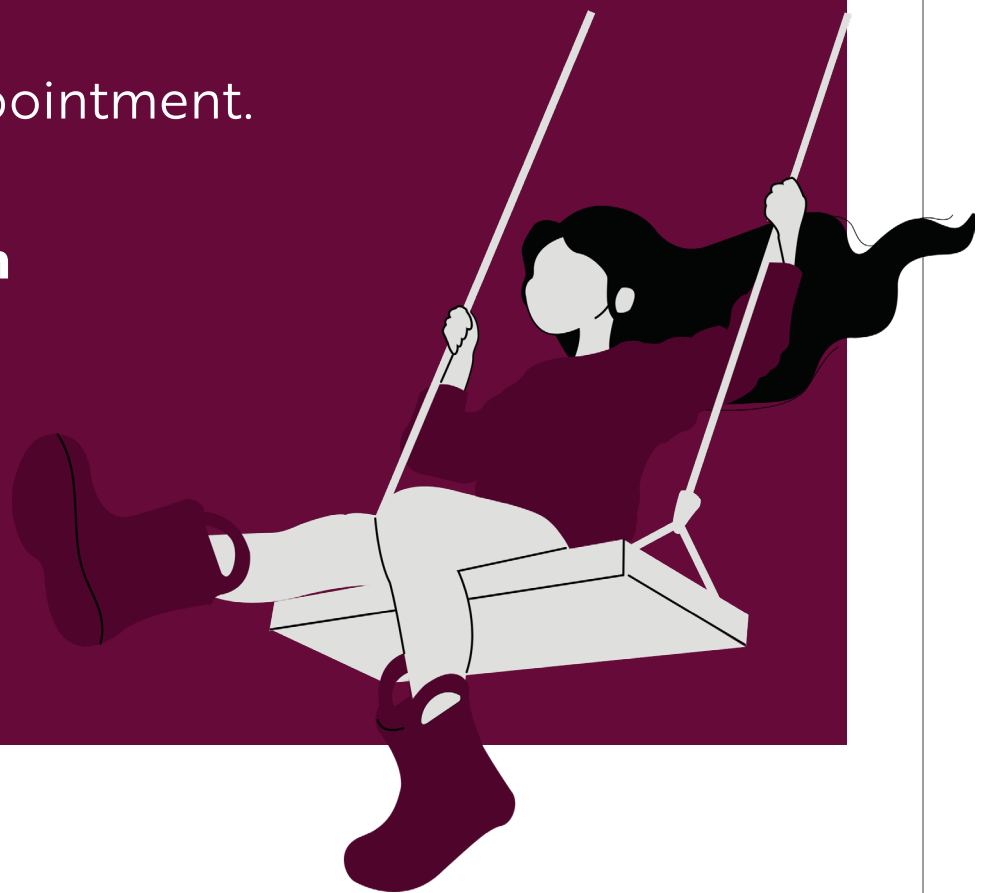


When I landed on Canvas Health's
doorstep, I had been through more
than 20 treatment programs.
I had just been released from
inpatient care.

I was 33 days sober.
I had nothing.
Except an appointment.

**Canvas Health
saved my life.**

*Kimberly**
Canvas Health client
5 years in recovery



canvas HEALTH

Dear friends and supporters,

When I began my role as CEO in 2022, Canvas Health was weeks away from what has been one of the most defining moments of this organization – achieving status as a Certified Community Behavioral Health Clinic (CCBHC). Since that time, we’ve quickly expanded our care for individuals and families on Medicaid, including adding Care Coordination, Adult Rehabilitative Mental Health Services, and Rapid Access Therapy to our more than 35 programs and services.

As a result of your investments, 2022 also has been a year of defining moments for our clients, staff, and programs. We’ve walked alongside clients as they begin and continue their healing journeys, accept help in a crisis, and embark on paths to recovery. Our goal, as it has been for more than 50 years, is to continue our legacy of helping individuals, families, and communities grow stronger:

- In 2022, our Columbia Heights Police Department Embedded Social Workers served 457 clients. 97% of all police contacts in which the embedded social workers were present resulted in resolution without the use of force. Additionally, 94% of police contacts in which the social workers were present resulted in resolution without a transport hold.
- Our school-based therapists provided 12,985 clinical services to children and families across 5 school districts and 32 schools, including therapy and mental health interventions. Our therapists also engaged in consultation services with school administrators, teachers, and other treatment providers.
- With more than 75% of our clients living in situations where they are uninsured, underinsured, or underserved, Canvas Health continues our commitment to being a safety net provider in our community.

Thank you for being a part of 2022’s defining moments. We look forward with great anticipation and hope to 2023 and beyond.



With tremendous gratitude,

A handwritten signature in white ink that reads "K. Thao". The signature is stylized and fluid.

Dr. Khu Thao, MSW, PsyD, LICSW, LP
Chief Executive Officer, Canvas Health

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**In 2022, Canvas Health
provided care to 6,609 child,
adolescent, and adult clients
through 204,431 services**



Help during life's most difficult moments

Beginning in December 2021, Canvas Health, in collaboration with the Columbia Heights Police Department, announced the creation of a Collaborative Crisis Intervention Response Program in the Columbia Heights community.

In this program, social workers are embedded in the Columbia Heights Police Department and are dedicated to providing care and resources to individuals in the community. The social workers do not wear police uniforms and are unarmed.

"In the last several years, mental health has been a factor in more than 30% of our calls, and we believe that number is increasing," said Captain Matt Markham. "Having a trained mental health

professional on calls helps our officers better address the challenges of our citizens, including improving access and engagement with local social services and other resources, reducing incidents involving force, decreasing hospital transports, and reducing the number/frequency of calls from high utilizer individuals."

Each day, a social worker is assigned a patrol officer and responds with them to in-progress

calls that are known, or likely to involve mental health, behavior, or emotional issues. The social worker provides de-escalation and stabilization for individuals who are in crisis.

“In the last several years, mental health has been a factor in more than 30% of our calls, and we believe that number is increasing.”

- CAPTAIN MATT MARKHAM

In addition to responding to calls in progress, social workers conduct follow up with individuals who have been identified as likely to benefit from services and help connect those individuals to resources and services.

Captain Markham also said that increasing trust and collaboration with community members and social service agencies are top priorities of this program. He said that selecting Canvas Health as the department’s grant partner made sense because of the agency’s established presence as Anoka County’s Mobile Crisis Response provider.

2022 BY THE NUMBERS

Embedded Social Worker Program

457

clients served

1,954

visits/interactions
with clients

97%

of all police contacts in which
embedded social workers
were present resulted in
resolution without use
of force

94%

of all police contacts in
which embedded social
workers were present
resulted in resolution
without the need for a
transport hold

BEYOND THE CLASSROOM:

The positive ripple effect of school-based therapy

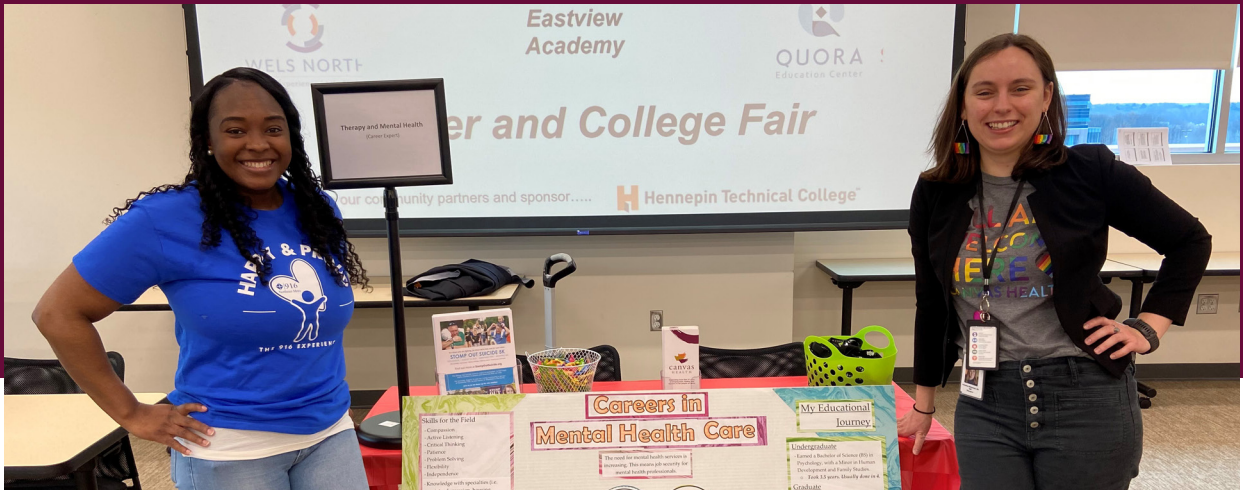


Canvas Health’s school-based mental health program, also known as our Therapeutic Assistance Program (TAP), provides on-site mental health services to students who may not otherwise be able to access care because of inability to pay, lack of transportation, or difficulty scheduling and keeping appointments. School-based mental health services include diagnostic assessments and therapy services. Offered at more than 30 schools in the Twin Cities metro area, the program is a collaborative effort between school psychologists, school social workers, teachers, and multiple mental health providers.

In addition to assessments and therapy, the school-based therapists focus on ancillary support and provide teacher consultations, advanced evidence-based training, support, and social-emotional learning activities.

“Feeling supported and seen at school has been such an important aspect of my children’s mental wellbeing during a tough school day. Getting to know our school-based therapist and trust them to advocate and care for my children has made me a better parent. I will always be incredibly grateful that our school-based therapist has been there for us!”

-ANGELA*, MOTHER OF TWO CANVAS HEALTH CLIENTS



2022 BY THE NUMBERS School-Based Therapy

5
school districts served

12,985
clinical services to children and families

32
schools

Mental health focused activities including:

- Mental health therapy
- Mental health awareness in medical fields for students
- Mindfulness groups
- Circle of Security for parents
- Boxing classes
- African drumming circles
- Cultural cooking classes with the focus on mental health
- Book gifts for students and parents to read together

Freedom from Addiction

Canvas Health offers several treatment programs for adults and adolescents who struggle with substance use disorders.

Our programs emphasize bringing about substantial and lasting change by helping our clients reshape their view of substance use issues. We employ a strengths-based perspective by providing holistic, effective, and culturally relevant programming.



We currently offer adult and adolescent services in 10 locations throughout the metro, including three correctional facilities, one middle school, and one high school. Soon, we'll be adding services in our newly expanded Coon Rapids clinic!

Substance Use Disorder Program

5

Clinic Locations

Oakdale, Stillwater, Cottage Grove, Forest Lake, North Branch
Coming soon: Coon Rapids!

7

Units of sober housing for mothers and children

3

Correctional Facilities

1

High School

1

Middle School

“ Instead of going to the liquor store, I would sit in the lobby area of the Canvas Health Forest Lake clinic. **Every single person at the agency helped me in my recovery.**

From the intake staff who scheduled my appointments, to the front desk who asked how I was doing and provided me with a safe place to hang out, to my mental health therapist and substance use counselor who believed I could stay sober, to the life-long friends I met in my recovery group: Canvas Health changed my life forever and for the better.”



Life-Affirming Events

From our all-staff event to our fantastic fundraisers, Canvas Health's special events shine a light on the beautiful supporters and staff who help make our agency so spectacular!



Canvas Health Golf Classic



Valley Vine & Harvest Throwdown

In 2022, 49 Canvas Health staff members had 10 or more years of service, totaling 1,699,360 hours of service!



All-Staff Event



2022's events connected people to each other, to vital resources, and raised more than **\$256,000 to help our clients get the care they need.**

Those Who Give

Canvas Health is grateful for every individual, organization, volunteer, and foundation who supports our mission. Every gift makes a difference in the lives of those we serve.

INDIVIDUALS

Visionary (\$5,000+)

Carol Bierbrauer Fund of the Saint
Paul & Minnesota Foundation
Fleetwood Family Foundation
Elizabeth Golden
Robert Karr
Estate of Beverley M. Lloyd
McMahon Karbon Foundation
Roger Miller and Mary Zweber
Nicholson Family Foundation
Karna Peters and George Perez
John and Colleen Stoxen
Jim Theisen
Estate of James E. Wegley

Platinum (\$2,500 - 4,999)

Ronald and Jacquelyn Belschner
Stephen and Julie Blaske
Dean and Karen Dodson
Gregory and Kelly Fenton
Ferber Family Foundation
David Gibson and Larry Dunivan
Douglas and Pamela Johnson
Andrew and Virginia Kass
Virginia Morris
Erik and Laura Ogren
Jay and Julia Theisen
Tim and Elizabeth Zeien

Gold (\$1,000 - 2,499)

Eric Babcock
Denis Bakke
Michael and Kelly Boldenow
Glen Copeland
Paul and Lori Delahunt
Michael DeSutter
Matthew Eastwood and Denise Flock
James and Ronna Ellis
Roger and Andrea Emord
Richard and Mary Ferraro
Timothy Gunderson
Michele Hansel
Grant and Sue Henry
Linda Hocum
Mark and Jean Hoffman
Steven and Jean Hunt
Charles and Wendee Jones
Polly Kruse
Vincent Martinez and Hilke
Riechardt-Martinez
Middleton Family Foundation
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Bruce and Christine Miller
Christopher and Sonya Navin
Conrad Nguyen and Stacey Brown
Jeffrey and Susan Olson
Jeffrey and Sue Pape
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Thomas Ruter
Kurt Seestrom and Denise Heuer
Saurin and Manali Shah
Dennis and Monica Shevik

Steven Sweeney
Amanda Swoverland
Oyebode Taiwo and Dorothea Benson
True Thao
Maiyer Vang
Steven and Cindy Vilks
Jeff Von Feldt

Silver (\$500 - 999)

Imran and Betsey Ali
Nicolas Barratt
Eugene Berwald
David Bomba
Hildy Bowbeer
Rob and Karen Boyts
Jay and Tami Breidinger
John and Emily Brenengen
John and Bonnie Butenhoff
Natasha Carter
John and Barbara Chase
Ann Clowser
Jennifer Craigan
Grant and Kimberly Davis
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Andrew and Kathleen Dorwart
Gregg and Robin Ellingson
Greg and Tonya Fletcher
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Roger and Nancy Green
Thomas Guhin and Jessica Bolles
Jeffrey and Lucy Heegaard
Thomas and Nancy Hodnefield

Allison Hoff
Fred Hundt and Cynthia Jepsen
Michael and Deanna Kauffman
Willy Lee
Paul and Bethany Leindecker
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Chris and Sharon Taylor
Barbara Tester
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Andrew and Claudine Triemert
John and Melissa Uppgren
Dawn Veliz
Nicholas and Karen Vivian
Beth Wallace
Daniel and Diane Wimperis
Mandy Wohlers
Joseph and Julia Yach
Paul and Kristine Young

ORGANIZATIONS

Visionary (\$5,000+)

3M Company
3M Foundation
Allina Health System
Fred C. and Katherine B. Andersen
Foundation
Hugh J. Andersen Foundation

Andersen Corporate Foundation
Andersen Corporation
Blaine Festival
CH Robinson Foundation
Hardenbergh Foundation
Lake Elmo Bank
Lakeview Foundation
Margaret Rivers Fund
Medica Foundation
Minnesota Coalition Against Sexual
Assault
Otto Bremer Trust
RBC Wealth Management
Saint Paul & Minnesota Foundation
Sauer Family Foundation
SFM Mutual Insurance Company
United Way of Washington County – East

Platinum (\$2,500 - 4,999)

Brighton Hospice
Duffy Development Company, Inc.
Eckberg Lammers, P.C.
First State Bank and Trust
M Health Fairview
Nordson Medical
Patron Points, Inc.
Valley Agencies

Gold (\$1,000 - 2,499)

Ahola, Mack & Associates, Ltd.
Ameriprise Financial, Inc.
Bell Bank
Bercom International
Brighter Days Family Grief Center
BWBR
Community Foundation of Greater
Birmingham
Connexus Energy
Coordinated Business Systems, Ltd.
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First Bank & Trust
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Good Leadership Enterprises
Hart Electric of Northern Minnesota
The LIVIN Foundation
Medtronic
MidWestOne Bank
Parish of Saints Joachim & Anne
Prime Therapeutics
Redpath and Company
Renewal by Andersen
Spectrum Sign Systems
Tito's Handmade Vodka
Tuffy's Pet Foods
United Way of Hastings
USI Insurance Services
Wounded Warrior Project

Silver (\$500 - 999)

Apple Automatic Food Service
Ardent Home Health Care, Inc.
Bridges and Pathways Counseling Services
Carlson Chiropractic
ClickBid Online
Cortec Global Services
Credible, Inc.
Emergency Physicians PA
First State Bank of Wyoming
Forest Lake Dugout Club
General Mills, Inc.
Goose Creek Electric
Harris Company
Hazelden Betty Ford Foundation
Hoppe Homes Team
Jerry's Auto Body
KO Management LLC
Kwik Trip, Inc.
Linwood Fire Association
Lions Club of Forest Lake
Lucca AM
Medica
MetLife

Minnesota Adult & Teen Challenge
Minnesota Mental Health Community
Foundation
North Branch Area Hockey Association
Nystrom & Associates, LTD.
Olson's Sewer Services
OneAmerica Retirement Services
Philadelphia Insurance Companies
Rogers Behavioral Health
Rotary Club of North St. Paul
Maplewood | Oakdale
Running Aces
St. Croix Valley Foundation
State Farm Insurance
TGR Properties, LLC
Twin Cities Orthopedics PA
Victory Home Team
W.J. Flynn & Associates, LLC

TOP FUNDRAISERS

First Presbyterian Church
GavGav Fletcher 2022
Keeping Kaleb's Memory Alive
The Mighty Minds
SOS Softball Tournament
Thelford and Randy
Walk with Swagger for Jack

IN-KIND DONORS (\$250+)

Acqua Restaurants
Angelina's Kitchen
Aramark Services
Bryan Anthony's Jewelry
Natasha Carter
Danny's Bar & Grill
Dellwood Country Club
Lake Elmo Inn
Loggers Trail Golf Club
Michael and Kathleen Lynch

Marketing Incentive Resources, Inc.
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Royal Golf Club
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Roger and Carmen Smith
Tattersall Distilling
The 'Wick
Tito's Handmade Vodka

HONOR & MEMORIALS

*Gifts were made in memory
of or in honor of the following
individuals*

Jim Beasley
Erick Boettcher
Beth Bomba
Jedd Carter
Sarah Day
Karen Dodson
Matthew Eastwood
Derek Fish
Gavin Fletcher
Leo Genia
Alexander Golden
Matthew Goossens
Alissa Haines
Erin Hannen
Timothy Hickerson
Amanda Hunt
Mark Jorgensen
Keith Killian
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Tyler Schwalich
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Gary Thorn
Neal Titkos
Jim Trevis
John Trudeau
KariAnn Uecker
Ann Wade
David Wandtke
James Wegley
Jack Wimperis
Julia Yach

*Canvas Health is grateful
for every gift, no matter
the size. If your name was
not included under our listed
categories, we apologize for
the error.*

Nearly \$30,000 was
donated anonymously
during 2022.

Thank you for your support!

2022 Financial Summary

REVENUES	
Charges for Services	14,695,413
Government Contracts	6,633,711
Contributions	904,236
Investment Income (loss)	(501,653)
Endowment Income (loss)	(144,830)
Rental and other Royalty Income	168,249
Other	21,235
Total Revenues	21,776,361

EXPENSES	
Outpatient & Serious and Persistent Mental Illness Services	9,680,932
Children and Family Services	6,509,011
Special Services	2,470,962
Management and General	1,879,895
Fundraising and Grant Support	217,301
Total Expenses	20,758,101

ASSETS	
Cash and Cash Equivalents	1,580,772
Receivables	2,208,205
Prepaid Expenses	108,386
Long-term Cash and Investments	4,254,834
Operating Lease Right-of-Use Assets, Net	780,410
Endowment Funds Held by Others	616,054
Deposit with Insurance Company	94,929
Investment in Limited Partnership	825,818
Fixed Assets (net of accumulated depreciation)	2,894,281
Total Assets	13,363,689

LIABILITIES	
Accounts Payable	327,597
Accrued Salaries and Payroll Liabilities	872,961
Funds Held for Others	45,890
Compensated Absences Payable	846,257
Operating Lease Liability	787,817
Loan Payable	151,593
Total Liabilities	3,032,115

NET ASSETS	
Unrestricted	8,062,921
Restricted	2,268,653
Total Net Assets	10,331,574

Total Liabilities and Net Assets 13,363,689



**Mental health,
substance use
disorder & crisis
care for all.**



minnesota