When I landed on Canvas Health’s doorstep, I had been through more than 20 treatment programs. I had just been released from inpatient care.

I was 33 days sober.
I had nothing.
Except an appointment.

Canvas Health saved my life.

Kimberly*
Canvas Health client
5 years in recovery
Dear friends and supporters,

When I began my role as CEO in 2022, Canvas Health was weeks away from what has been one of the most defining moments of this organization – achieving status as a Certified Community Behavioral Health Clinic (CCBHC). Since that time, we’ve quickly expanded our care for individuals and families on Medicaid, including adding Care Coordination, Adult Rehabilitative Mental Health Services, and Rapid Access Therapy to our more than 35 programs and services.

As a result of your investments, 2022 also has been a year of defining moments for our clients, staff, and programs. We’ve walked alongside clients as they begin and continue their healing journeys, accept help in a crisis, and embark on paths to recovery. Our goal, as it has been for more than 50 years, is to continue our legacy of helping individuals, families, and communities grow stronger:

- In 2022, our Columbia Heights Police Department Embedded Social Workers served 457 clients. 97% of all police contacts in which the embedded social workers were present resulted in resolution without the use of force. Additionally, 94% of police contacts in which the social workers were present resulted in resolution without a transport hold.

- Our school-based therapists provided 12,985 clinical services to children and families across 5 school districts and 32 schools, including therapy and mental health interventions. Our therapists also engaged in consultation services with school administrators, teachers, and other treatment providers.

- With more than 75% of our clients living in situations where they are uninsured, underinsured, or underserved, Canvas Health continues our commitment to being a safety net provider in our community.

Thank you for being a part of 2022’s defining moments. We look forward with great anticipation and hope to 2023 and beyond.

With tremendous gratitude,

Dr. Khu Thao, MSW, PsyD, LICSW, LP
Chief Executive Officer, Canvas Health
In 2022, Canvas Health provided care to 6,609 child, adolescent, and adult clients through 204,431 services
Help during life’s most difficult moments

Beginning in December 2021, Canvas Health, in collaboration with the Columbia Heights Police Department, announced the creation of a Collaborative Crisis Intervention Response Program in the Columbia Heights community.

In this program, social workers are embedded in the Columbia Heights Police Department and are dedicated to providing care and resources to individuals in the community. The social workers do not wear police uniforms and are unarmed.

“In the last several years, mental health has been a factor in more than 30% of our calls, and we believe that number is increasing,” said Captain Matt Markham. “Having a trained mental health professional on calls helps our officers better address the challenges of our citizens, including improving access and engagement with local social services and other resources, reducing incidents involving force, decreasing hospital transports, and reducing the number/frequency of calls from high utilizer individuals.”

Each day, a social worker is assigned a patrol officer and responds with them to in-progress
calls that are known, or likely to involve mental health, behavior, or emotional issues. The social worker provides de-escalation and stabilization for individuals who are in crisis.

“In the last several years, mental health has been a factor in more than 30% of our calls, and we believe that number is increasing.”

- CAPTAIN MATT MARKHAM

In addition to responding to calls in progress, social workers conduct follow up with individuals who have been identified as likely to benefit from services and help connect those individuals to resources and services.

Captain Markham also said that increasing trust and collaboration with community members and social service agencies are top priorities of this program. He said that selecting Canvas Health as the department’s grant partner made sense because of the agency’s established presence as Anoka County’s Mobile Crisis Response provider.

2022 BY THE NUMBERS
Embedded Social Worker Program

457 clients served
1,954 visits/interactions with clients

97% of all police contacts in which embedded social workers were present resulted in resolution without use of force

94% of all police contacts in which embedded social workers were present resulted in resolution without the need for a transport hold
Canvas Health’s school-based mental health program, also known as our Therapeutic Assistance Program (TAP), provides on-site mental health services to students who may not otherwise be able to access care because of inability to pay, lack of transportation, or difficulty scheduling and keeping appointments. School-based mental health services include diagnostic assessments and therapy services. Offered at more than 30 schools in the Twin Cities metro area, the program is a collaborative effort between school psychologists, school social workers, teachers, and multiple mental health providers.

In addition to assessments and therapy, the school-based therapists focus on ancillary support and provide teacher consultations, advanced evidence-based training, support, and social-emotional learning activities.

“Feeling supported and seen at school has been such an important aspect of my children’s mental wellbeing during a tough school day. Getting to know our school-based therapist and trust them to advocate and care for my children has made me a better parent. I will always be incredibly grateful that our school-based therapist has been there for us!”

-ANGELA*, MOTHER OF TWO CANVAS HEALTH CLIENTS
2022 BY THE NUMBERS
School-Based Therapy

5
school districts served

12,985
clinical services to children and families

32
schools

Mental health focused activities including:

- Mental health therapy
- Mental health awareness in medical fields for students
- Mindfulness groups
- Circle of Security for parents
- Boxing classes
- African drumming circles
- Cultural cooking classes with the focus on mental health
- Book gifts for students and parents to read together
Freedom from Addiction

Canvas Health offers several treatment programs for adults and adolescents who struggle with substance use disorders.

Our programs emphasize bringing about substantial and lasting change by helping our clients reshape their view of substance use issues. We employ a strengths-based perspective by providing holistic, effective, and culturally relevant programming.

We currently offer adult and adolescent services in 10 locations throughout the metro, including three correctional facilities, one middle school, and one high school. Soon, we’ll be adding services in our newly expanded Coon Rapids clinic!

### Substance Use Disorder Program

<table>
<thead>
<tr>
<th><strong>Clinic Locations</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Oakdale, Stillwater, Cottage Grove, Forest Lake, North Branch</td>
</tr>
<tr>
<td><strong>Coming soon: Coon Rapids!</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Units of sober housing for mothers and children</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Correctional Facilities</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>High School</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Middle School</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
</tr>
</tbody>
</table>
“Instead of going to the liquor store, I would sit in the lobby area of the Canvas Health Forest Lake clinic. Every single person at the agency helped me in my recovery. From the intake staff who scheduled my appointments, to the front desk who asked how I was doing and provided me with a safe place to hang out, to my mental health therapist and substance use counselor who believed I could stay sober, to the life-long friends I met in my recovery group: Canvas Health changed my life forever and for the better.”
Life-Affirming Events

From our all-staff event to our fantastic fundraisers, Canvas Health’s special events shine a light on the beautiful supporters and staff who help make our agency so spectacular!

In 2022, 49 Canvas Health staff members had 10 or more years of service, totaling 1,699,360 hours of service!
2022’s events connected people to each other, to vital resources, and raised more than $256,000 to help our clients get the care they need.
Those Who Give

Canvas Health is grateful for every individual, organization, volunteer, and foundation who supports our mission. Every gift makes a difference in the lives of those we serve.

**INDIVIDUALS**

**Visionary ($5,000+)**
- Carol Bierbrauer Fund of the Saint Paul & Minnesota Foundation
- Fleetwood Family Foundation
- Elizabeth Golden
- Robert Karr
- Estate of Beverley M. Lloyd
- McMahon Karbon Foundation
- Roger Miller and Mary Zweber
- Nicholson Family Foundation
- Karna Peters and George Perez
- John and Colleen Stoxen
- Jim Theisen
- Estate of James E. Wegley

**Platinum ($2,500 - 4,999)**
- Ronald and Jacquelyn Belschner
- Stephen and Julie Blaske
- Dean and Karen Dodson
- Gregory and Kelly Fenton
- Ferber Family Foundation
- David Gibson and Larry Dunivan
- Douglas and Pamela Johnson
- Andrew and Virginia Kass
- Virginia Morris
- Erik and Laura Ogren
- Jay and Julia Theisen
- Tim and Elizabeth Zeien

**Gold ($1,000 - 2,499)**
- Eric Babcock
- Denis Bakke
- Michael and Kelly Boldenow
- Glen Copeland
- Paul and Lori Delahunt
- Michael DeSutter
- Matthew Eastwood and Denise Flock
- James and Ronna Ellis
- Roger and Andrea Emord
- Richard and Mary Ferraro
- Timothy Gunderson
- Michele Hansel
- Grant and Sue Henry
- Linda Hocum
- Mark and Jean Hoffman
- Steven and Jean Hunt
- Charles and Wendee Jones
- Polly Kruse
- Vincent Martinez and Hilke Riechardt-Martinez
- Middleton Family Foundation
- John and Linda Mielke
- Bruce and Christine Miller
- Christopher and Sonya Navin
- Conrad Nguyen and Stacey Brown
- Jeffrey and Susan Olson
- Jeffrey and Sue Pape
- Patricia Peine
- Thomas Ruter
- Kurt Seestrom and Denise Heuer
- Saurin and Manali Shah
- Dennis and Monica Shevik
- Steven Sweeney
- Amanda Swoverland
- Oyebode Taiwo and Dorothea Benson
- True Thao
- Maiyer Vang
- Steven and Cindy Vilks
- Jeff Von Feldt

**Silver ($500 - 999)**
- Imran and Betsey Ali
- Nicolas Barratt
- Eugene Berwald
- David Bomba
- Hildy Bowbeer
- Rob and Karen Boyts
- Jay and Tami Breidinger
- John and Emily Brenengen
- John and Bonnie Butenhoff
- Natasha Carter
- John and Barbara Chase
- Ann Clowser
- Jennifer Craigan
- Grant and Kimberly Davis
- Glenn and Kristin Dawson
- Andrew and Kathleen Dorwart
- Gregg and Robin Ellingson
- Greg and Tonya Fletcher
- Caitlin Foley
- Brian Gabrio
- Roger and Nancy Green
- Thomas Guhin and Jessica Bolles
- Jeffrey and Lucy Heegaard
- Thomas and Nancy Hodnefield
Allison Hoff
Fred Hundt and Cynthia Jepsen
Michael and Deanna Kauffman
Willy Lee
Paul and Bethany Leindecker
Michael and Kathleen Lynch
Nicholas Mahlberg
Anthony and Melissa McLagan
Joel and Jodie Monson
Kathleen Pape
Timothy and Kimberly Pepera
Dick Rinehart
Joan Roisum
Glenn and Jill Roth
Greg and Christine Sailer
Terissa Sajevic
John and Leanne Savereide
Sue Sperber
Shawn Stancer
Chris Stauner
Lawrence Swope
Chris and Sharon Taylor
Barbara Tester
Khu Thao
Andrew and Claudine Triemert
John and Melissa Uppgren
Dawn Veliz
Nicholas and Karen Vivian
Beth Wallace
Daniel and Diane Wimperis
Mandy Wohlers
Joseph and Julia Yach
Paul and Kristine Young

Andersen Corporate Foundation
Andersen Corporation
Blaine Festival
CH Robinson Foundation
Hardenbergh Foundation
Lake Elmo Bank
Lakeview Foundation
Margaret Rivers Fund
Medica Foundation
Minnesota Coalition Against Sexual Assault
Otto Bremer Trust
RBC Wealth Management
Saint Paul & Minnesota Foundation
Sauer Family Foundation
SFM Mutual Insurance Company
United Way of Washington County – East

Platinum ($2,500 - 4,999)

Brighton Hospice
Duffy Development Company, Inc.
Eckberg Lammers, P.C.
First State Bank and Trust
M Health Fairview
Nordson Medical
Patron Points, Inc.
Valley Agencies

Gold ($1,000 - 2,499)

Ahola, Mack & Associates, Ltd.
Ameriprise Financial, Inc.
Bell Bank
Bercom International
Brighter Days Family Grief Center
BWBR
Community Foundation of Greater Birmingham
Connexus Energy
Coordinated Business Systems, Ltd.
The Credit Department
Edina Realty Foundation
Erickson Roed & Associates
First Bank & Trust
FirstNet | AT&T
Good Leadership Enterprises
Hart Electric of Northern Minnesota
The LIVIN Foundation
Medtronic
MidWestOne Bank
Parish of Saints Joachim & Anne
Prime Therapeutics
Redpath and Company
Renewal by Andersen
Spectrum Sign Systems
Tito’s Handmade Vodka
Tuffy’s Pet Foods
United Way of Hastings
USI Insurance Services
Wounded Warrior Project

Silver ($500 - 999)

Apple Automatic Food Service
Ardent Home Health Care, Inc.
Bridges and Pathways Counseling Services
Carlson Chiropractic
ClickBid Online
Cortec Global Services
Credible, Inc.
Emergency Physicians PA
First State Bank of Wyoming
Forest Lake Dugout Club
General Mills, Inc.
Goose Creek Electric
Harris Company
Hazelden Betty Ford Foundation
Hoppe Homes Team
Jerry’s Auto Body
KO Management LLC
Kwik Trip, Inc.
Linwood Fire Association
Lions Club of Forest Lake
Lucca AM
Medica
MetLife

Organizations

Visionary ($5,000+)

3M Company
3M Foundation
Allina Health System
Fred C. and Katherine B. Andersen Foundation
Hugh J. Andersen Foundation

First Bank & Trust
FirstNet | AT&T
Good Leadership Enterprises
Hart Electric of Northern Minnesota
The LIVIN Foundation
Medtronic
MidWestOne Bank
Parish of Saints Joachim & Anne
Prime Therapeutics
Redpath and Company
Renewal by Andersen
Spectrum Sign Systems
Tito’s Handmade Vodka
Tuffy’s Pet Foods
United Way of Hastings
USI Insurance Services
Wounded Warrior Project

Silver ($500 - 999)

Apple Automatic Food Service
Ardent Home Health Care, Inc.
Bridges and Pathways Counseling Services
Carlson Chiropractic
ClickBid Online
Cortec Global Services
Credible, Inc.
Emergency Physicians PA
First State Bank of Wyoming
Forest Lake Dugout Club
General Mills, Inc.
Goose Creek Electric
Harris Company
Hazelden Betty Ford Foundation
Hoppe Homes Team
Jerry’s Auto Body
KO Management LLC
Kwik Trip, Inc.
Linwood Fire Association
Lions Club of Forest Lake
Lucca AM
Medica
MetLife

2022 CANVAS HEALTH ANNUAL REPORT 13
Minnesota Adult & Teen Challenge
Minnesota Mental Health Community Foundation
North Branch Area Hockey Association
Nystrom & Associates, LTD.
Olson’s Sewer Services
OneAmerica Retirement Services
Philadelphia Insurance Companies
Rogers Behavioral Health
Rotary Club of North St. Paul Maplewood | Oakdale
Running Aces
St. Croix Valley Foundation
State Farm Insurance
TGR Properties, LLC
Twin Cities Orthopedics PA
Victory Home Team
W.J. Flynn & Associates, LLC
Marketing Incentive Resources, Inc.
Phillips Wine and Spirits
Priority Courier Experts
R.F. Moeller Jeweler
Rick Bronson’s House of Comedy
Royal Golf Club
SeaQuest
Roger and Carmen Smith
Tattersall Distilling
The ‘Wick
Tito’s Handmade Vodka

Eric Ostrom
Edward Picht
Tyler Schwalich
Sean Shevik
David Stirtz
Gary Thorn
Neal Titkos
Jim Trevis
John Trudeau
KariAnn Uecker
Ann Wade
David Wandtke
James Wegley
Jack Wimperis
Julia Yach

TOP FUNDRAISERS
First Presbyterian Church
GavGav Fletcher 2022
Keeping Kaleb’s Memory Alive
The Mighty Minds
SOS Softball Tournament
Thelford and Randy
Walk with Swagger for Jack
Gifts were made in memory of or in honor of the following individuals
Jim Beasley
Erick Boettcher
Beth Bomba
Jedd Carter
Sarah Day
Karen Dodson
Matthew Eastwood
Derek Fish
Gavin Fletcher
Leo Genia
Alexander Golden
Matthew Goossens
Alissa Haines
Erin Hannen
Timothy Hickerson
Amanda Hunt
Mark Jorgensen
Keith Killian
Kaleb Lofboom
Cody Lowell
Devin McKeever
Destry Montgomery
Doris Nelson
Jacqueline Notaro
Stacy Novack
Gregory Olson
Canvas Health is grateful for every gift, no matter the size. If your name was not included under our listed categories, we apologize for the error.
Nearly $30,000 was donated anonymously during 2022.

Thank you for your support!

IN-KIND DONORS ($250+)

Acqua Restaurants
Angelina’s Kitchen
Aramark Services
Bryan Anthonys Jewelry
Natasha Carter
Danny’s Bar & Grill
Dellwood Country Club
Lake Elmo Inn
Loggers Trail Golf Club
Michael and Kathleen Lynch

Minnesota Adult & Teen Challenge
Minnesota Mental Health Community Foundation
North Branch Area Hockey Association
Nystrom & Associates, LTD.
Olson’s Sewer Services
OneAmerica Retirement Services
Philadelphia Insurance Companies
Rogers Behavioral Health
Rotary Club of North St. Paul Maplewood | Oakdale
Running Aces
St. Croix Valley Foundation
State Farm Insurance
TGR Properties, LLC
Twin Cities Orthopedics PA
Victory Home Team
W.J. Flynn & Associates, LLC
Marketing Incentive Resources, Inc.
Phillips Wine and Spirits
Priority Courier Experts
R.F. Moeller Jeweler
Rick Bronson’s House of Comedy
Royal Golf Club
SeaQuest
Roger and Carmen Smith
Tattersall Distilling
The ‘Wick
Tito’s Handmade Vodka

Eric Ostrom
Edward Picht
Tyler Schwalich
Sean Shevik
David Stirtz
Gary Thorn
Neal Titkos
Jim Trevis
John Trudeau
KariAnn Uecker
Ann Wade
David Wandtke
James Wegley
Jack Wimperis
Julia Yach

TOP FUNDRAISERS
First Presbyterian Church
GavGav Fletcher 2022
Keeping Kaleb’s Memory Alive
The Mighty Minds
SOS Softball Tournament
Thelford and Randy
Walk with Swagger for Jack
Gifts were made in memory of or in honor of the following individuals
Jim Beasley
Erick Boettcher
Beth Bomba
Jedd Carter
Sarah Day
Karen Dodson
Matthew Eastwood
Derek Fish
Gavin Fletcher
Leo Genia
Alexander Golden
Matthew Goossens
Alissa Haines
Erin Hannen
Timothy Hickerson
Amanda Hunt
Mark Jorgensen
Keith Killian
Kaleb Lofboom
Cody Lowell
Devin McKeever
Destry Montgomery
Doris Nelson
Jacqueline Notaro
Stacy Novack
Gregory Olson
Canvas Health is grateful for every gift, no matter the size. If your name was not included under our listed categories, we apologize for the error.
Nearly $30,000 was donated anonymously during 2022.

Thank you for your support!
## 2022 Financial Summary

### Revenues

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Charges for Services</td>
<td>14,695,413</td>
</tr>
<tr>
<td>Government Contracts</td>
<td>6,633,711</td>
</tr>
<tr>
<td>Contributions</td>
<td>904,236</td>
</tr>
<tr>
<td>Investment Income (loss)</td>
<td>(501,653)</td>
</tr>
<tr>
<td>Endowment Income (loss)</td>
<td>(144,830)</td>
</tr>
<tr>
<td>Rental and other Royalty Income</td>
<td>168,249</td>
</tr>
<tr>
<td>Other</td>
<td>21,235</td>
</tr>
<tr>
<td><strong>Total Revenues</strong></td>
<td><strong>21,776,361</strong></td>
</tr>
</tbody>
</table>

### Expenses

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outpatient &amp; Serious and Persistent Mental Illness Services</td>
<td>9,680,932</td>
</tr>
<tr>
<td>Children and Family Services</td>
<td>6,509,011</td>
</tr>
<tr>
<td>Special Services</td>
<td>2,470,962</td>
</tr>
<tr>
<td>Management and General</td>
<td>1,879,895</td>
</tr>
<tr>
<td>Fundraising and Grant Support</td>
<td>217,301</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>20,758,101</strong></td>
</tr>
</tbody>
</table>

### Assets

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and Cash Equivalents</td>
<td>1,580,772</td>
</tr>
<tr>
<td>Receivables</td>
<td>2,208,205</td>
</tr>
<tr>
<td>Prepaid Expenses</td>
<td>108,386</td>
</tr>
<tr>
<td>Long-term Cash and Investments</td>
<td>4,254,834</td>
</tr>
<tr>
<td>Operating Lease Right-of-Use Assets, Net</td>
<td>780,410</td>
</tr>
<tr>
<td>Endowment Funds Held by Others</td>
<td>616,054</td>
</tr>
<tr>
<td>Deposit with Insurance Company</td>
<td>94,929</td>
</tr>
<tr>
<td>Investment in Limited Partnership</td>
<td>825,818</td>
</tr>
<tr>
<td>Fixed Assets (net of accumulated depreciation)</td>
<td>2,894,281</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>13,363,689</strong></td>
</tr>
</tbody>
</table>

### Liabilities

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts Payable</td>
<td>327,597</td>
</tr>
<tr>
<td>Accrued Salaries and Payroll Liabilities</td>
<td>872,961</td>
</tr>
<tr>
<td>Funds Held for Others</td>
<td>45,890</td>
</tr>
<tr>
<td>Compensated Absences Payable</td>
<td>846,257</td>
</tr>
<tr>
<td>Operating Lease Liability</td>
<td>787,817</td>
</tr>
<tr>
<td>Loan Payable</td>
<td>151,593</td>
</tr>
<tr>
<td><strong>Total Liabilities</strong></td>
<td><strong>3,032,115</strong></td>
</tr>
</tbody>
</table>

### Net Assets

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted</td>
<td>8,062,921</td>
</tr>
<tr>
<td>Restricted</td>
<td>2,268,653</td>
</tr>
<tr>
<td><strong>Total Net Assets</strong></td>
<td><strong>10,331,574</strong></td>
</tr>
</tbody>
</table>

**Total Liabilities and Net Assets**                                **13,363,689**
Mental health, substance use disorder & crisis care for all.