

ABOUT THE PROGRAM

Canvas Health's Early Childhood Behavior Assistance Program's therapists offer assessment by teaming with parents and care givers.

Together, the team gains clarity and increased understanding of a child's struggles in order to provide individually tailored recommendations and interventions to support the child's social and emotional development.

We provide specialized assessment as well as psychotherapy and/or skills training.

COMPREHENSIVE ASSESSMENT

We assess young children using the DC:0-5 framework.

We work with caregivers and providers using developmentally appropriate and culturally informed methods to determine the child's emotional and relational needs.

CONTACT US TODAY

To make an appointment or for questions regarding eligibility or the referral process.



(651) 251-5024

CanvasHealth.org



Early Childhood Mental Health Services

PARENT-CHILD INTERACTION THERAPY (PCIT)

PCIT is an evidence-based treatment for young children (2-6 years) with behavioral problems. PCIT will help with:

- Decreasing frequency, severity, and/or duration of tantrums
- Decreasing negative attention-seeking behaviors
- Increasing feelings of security, safety, and attachment to the primary caregiver
- Decreasing frequency, severity, and/or duration of aggressive behavior
- Decreasing frequency of destructive behavior
- Decreasing defiance
- Increasing compliance with adult requests
- Increasing emotional and behavioral regulation

CHILD-PARENT PSYCHOTHERAPY (CPP)

CPP is an evidence-based treatment for young children who have been through stressful or scary events. CPP will help with:

- Supporting family strengths and relationships
- Help families heal and grow after stressful events
- Decreasing difficult behaviors
- Improving caregiver-child relationship
- Increasing feelings of security, safety, and attachment to the primary caregiver
- Increasing emotional and behavioral regulation

CIRCLE OF SECURITY PARENTING PROGRAM (COS)

COS is a parenting program based on attachment research for strengthening and supporting secure parent-child relationships. COS will help with:

- Understanding and learning to read child's emotional needs
- Supporting child's ability to regulate emotions
- Improving caregiver-child relationship
- Increasing feelings of security, safety, and attachment to the primary caregiver