

# **Canvas Health**

# Welcome! Thank you for Choosing Canvas Health

Today you will be oriented to the treatment program, you will complete all intake forms, and be given all program information. Our programs utilize evidence-based treatment strategies.

The intensive outpatient treatment programs are held at the following times & locations:

### **Canvas Health Stillwater**

375 E Orleans St. Stillwater, MN 55082 Tuesday, Wednesday and Thursday from 9:00am-12:00pm Monday, Wednesday and Thursday from 6:00-9:00pm

## **Canvas Health Cottage Grove**

8451 E Point Douglas Rd Cottage Grove, MN 55016
Tuesday, Wednesday and Thursday from 9:00am-12:00pm
Monday, Wednesday and Thursday from 6:00-9:00pm

#### **Canvas Health Forest Lake**

555 W. Broadway Ave., Suite 6 Forest Lake, MN 55025 Tuesday, Wednesday and Thursday from 9:00am-12:00pm Tuesday, Wednesday and Thursday from 12:15pm-3:15pm Monday, Wednesday and Thursday evenings from 6:00-9:00pm

#### **Canvas Health North Branch**

5842 Old Main St, Suites 2, 3 & 4 North Branch, MN 55056 Tuesday, Wednesday and Thursday from 9:00am-12:00pm Monday, Wednesday and Thursday from 6:00-9:00pm

# Canvas Health Oakdale - Co-Occurring

7066 Stillwater Blvd. N. Oakdale, MN 55128 Tuesday, Wednesday, and Thursday daytime from 9:00am-12:00pm

## **Canvas Health Coon Rapids**

10077 Dogwood St. NW Suite 110
Coon Rapids, MN 55448
Tuesday, Wednesday and Thursday from 9:00am-12:00pm
Monday, Wednesday and Thursday from 6:00-9:00pm (coming soon)

- The Washington County Jail Program meets from 6:00 to 9:00 pm Monday through Thursday in the Washington County Jail.
- The Chisago County Jail Program meets from 8:30 to 11:30 am Monday through Thursday in the Chisago County Jail.
- The total length of programming is approximately 140 hours or approximately 30 sessions plus 20 hours individual appointments. The hours and the sessions of the programming will be dependent on your progress.
- Individual, family and significant other sessions/conferences are by appointment at your request or that of the counselor.
- The Concerned Persons groups will meet once per week for four consecutive weeks and these four sessions are also a required component. You are strongly encouraged to invite supportive persons to attend the groups.